

# A Survey: Approaches for Detecting the Autism Spectrum Disorder

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## ABSTRACT

A brain disease mean autism spectrum disorder affects a person's ability to connect, communicate, and remember. Though autism is capable of being diagnosed regardless of age, most of the disorder's signs begin to appear around its initial two years of life and increase as time goes on. People with autism suffer from a wide range of difficulties, such sensory problems, action impairments, intellectual disabilities, and psychological disorders including depression and anxiety. Autism has been rising at an unacceptably rapid pace surrounding around the globe. Autism detection involves an enormous amount of time and money. The early detection of autism might be highly advantageous in regards to treating patients with the right medical treatments at the correct moment in time. It could prevent the individual's illnesses before developing severe and could help in decreasing future expenses associated to a diagnosis that was delayed. Thereby, the requirement to develop a rapid, trustworthy, and simple examination device that can make predictions is essential. Autism Spectrum Disorder (ASD) has been gaining momentum presently more quickly than at any time earlier. Diagnostic evaluation of autistic characteristics is extremely expensive and time-consuming as well. The advancement of algorithms for machine learning (ML) and Artificial intelligence (AI) have made it achievable to identify autism fairly earlier. Although the reality of numerous studies have been carried out performed utilising different techniques, these studies have not contributed to any definitive conclusions regarding the capacity of predicting autism attributes in regards to different age categories. Thereby, the objective of this research is to predict Autism among people of all ages and to provide an effective model for prediction using various ML approaches.

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## 1. INTRODUCTION

The challenging circumstance associated with autism, additionally referred to as autism spectrum disorder (ASD), involves an effect on children's behaviours and interaction. A variety of skills and signs could be presented. Autism could be an essentially minor issue or a medical condition demanding full-time assistance in an environment with expert's services. Problems with communication are widespread within

autistic people. Individuals find it challenging to learn the emotions and ideas of another. As an outcome, they fail to communicate with emotions either verbally or visually, emotionally, or through gestures. Autism spectrum disorder individuals might have trouble in understanding.

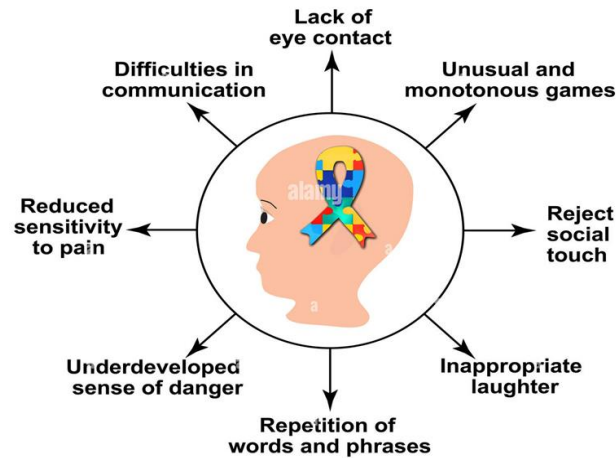


Figure 1. Behaviour Symptom of Autism Disorder

Their development of skills could be inconsistent. For example, someone might have difficulty to interact and communicate. As a result, kids could perform particularly well on tasks that require analysis or solving problems. "Autism Spectrum Disorders" (ASD) is identified with many number of kids than at any time before.

Figure 1 shown autism spectrum disorders (ASD) relates to a category of neurological ailments that have symptoms identified by an absence of interpersonal interaction that continues throughout a person's life in addition to by routine, restricted activities. [1] Symptoms of autism spectrum disorder (ASD) have been identified in one out each of the 60 children in the US, based to an investigation released by the Organisation for Prevention and Control of Disease (CDC). Autism is believed to be affecting 2.65 percent of all school-age children in the nation-state of Koreans. Investigations employing neurological approaches, such as as PET (positron emission tomography) or the use of magnetic resonance imaging (MRI), have provided an enormous amount of illumination onto the neurological factors behind ASD.

The use of machine learning (ML) [2] approaches are currently being utilised extensively for classifying individuals suffering from Autism and Typical Controls (TC), analyse biological facts through MRI (magnetic resonance imaging) information, as well as predict the likelihood of the sickness. On a small sample comprising less around 250 samples of previous machine learning (ML) examinations obtained an impressively high accuracy in classification of 65%–96.27%. The use of support vector machines (SVM), logistic regression (LR), randomly generated forests, linear discriminant analysis (LDA), as well as deep neural networks are among the classification approaches employed in the associated examinations.

By employing tasking-atlas deep representation of features and ensemble learning to learn them, we offer an enhanced Autism Spectrum Disorder (AS) identification technique in the present research which we call "Autism Spectrum Disorder Detection Alongside Multi-Atlas Deep Features representation and Ensemble-Based Learning (AIMAFE)" with the goal to address this challenging issue [3]. Initially employing three distinct brain atlases, we estimate 3 fuel cells among a time series of different brain regions. Following that, we present an incorporate-atlas deep representation of features approach built upon an SDA (Structured Descriptive Assessment) with the goal to generate a more selective features representation for Autism detection. In order to solve the ultimate ASD detection difficulty, we suggest employing an MLP, or multilayer perceptron, using a method based on ensemble learning to combine multiple deep representations of features. On this Autism the Brain Imaging Data Exchange (ABIDE) the data set, our recommended approach is examined.

Using the application of incorporate-atlas deep representation of features and ensemble training, [4] we present an improved approach to recognise autism spectrum disorders which we name "Autism Spectrum Disorder Detection using Multi-Atlas Deep Feature representations and Ensemble Training (AIMAFE)". Initially employing multiple brain atlases, researchers generate 3 fuel cells among the time periods across various brain regions. Subsequently we present a multi-atlas deeply representation of features approach depending on an SDA with the goal to generate a more selective feature representation for Autism detection. For solving the ultimate Autism detection difficulty, we recommend employing an MLP (multilayer

perceptron) and a method based on ensemble learning to combine multiple deep representations of features. On this Autism Brain Imaging Data Exchange (ABIDE) dataset, our recommended approach is evaluated.

Organisation for Screening Disabilities Investigations have also shown that early detection of autism spectrum disorder has been associated to significant improvements in capacity for thinking, adapting behaviour, overall symptom severity in kids with the disorder [5]. A common approach for detecting Autism is by examining the behavioural characteristics of autistic young adults. Many Autism Screening Tool is one of the tools for testing which employs certain behaviour communication to identify Autism. The proposed hybrid approach TCDN-SVM (Temporal Coherency Deep Networks and Support-Vector Machines).

An overview of the key findings. The term "systematic review and meta-analysis" (short for Systemic Reviews and Meta-Analysis) represents the documentation approach employed in the research [6]. There is a great deal of research conducted regarding human emotion recognition, especially among autistic individuals and children, but not most of it relies on real time while automatic recognition of emotions. A great deal of research in this field has depended on experienced therapist or psychologist to manually evaluate and classify the mental states experienced by individuals with Autism [7]. The process is complicated, difficult, and challenge for family members, educators and guardians of the Autistic individuals to implement, and posed significant barriers in effectively resolving the problem.

There are various AI Automation techniques to recognise autism spectrum disorders, including psychological evaluations and neurological approaches. Healthcare providers place the greatest importance on the use of magnetic resonance imaging (MRI) as a type of imaging among these techniques. Magnetic resonance imaging (MRI) methods are employed by doctors in order to obtain an accurate diagnosis of ASD. The non-intrusive MRI techniques include structurally (sMRI) and functionally (fMRI) methods for neuroimaging. However, it may be challenging and time-consuming for experts to identify ASD using fMRI and sMRI; as a consequence, a variety of machine learning design systems (CADS) that utilise artificial intelligence (AI) have been developed created to help specialist physicians. The most prevalent AI methods to identify ASD are conventional machine learning (ML) as well as deep learning (DL).

## 2. LITERATURE REVIEW

In the present study, [8] we investigated in incorporate-regional going to rest-state records in attempt to identify utilization of available resources Autism diagnostics. Techniques: We take into consideration neurological activity at regions of interest generated by the CC200 map with the goal to more accurately comprehend the results of the study. A long-short-term memory, or LSTM, neural network with recurrent connections and self-encoding networks have been incorporated in an attention-based approach to learning to examine peculiar features of brain function for Autism. In addition, we employed an app connected that utilised the Autism Brain Imaging Data Exchange (ABIDE) database in order to demonstrate the recommended method's effectiveness.

By evaluating the possibility of parameter area, a machine-learning lead to better performance-tuning approach is developed for optimising each of the hyper parameters for the a DBN (Deep Belief Network). [9] The computational research studies demonstrate that our approach behaves superior compared to other simulations, with the greatest outcome provided by the ABIDE (Autism Brain Imaging Data Exchange) database having 6.5% which is lower than the effectiveness of the model we developed. We additionally propose employing data enhancement and the oversampling approaches for discovering additional possible Autism subgroups of the the data-driven findings could be employed to determine the most significant autistic neural correlation features according to our algorithm's interpretation.

We summarise both past and current challenges to treatment advancement for Autism in an informative approach. [10] Following that, using the viewpoints of genetics and biological systems, we provide a description of the novel treatment options that are currently investigated. Autism growth could be affected or even triggered by modifications to transcription oversight, chromosomal true-modelling, transmission of synaptic neuroendocrine signals, analysis/or immunologic procedures, according to data-driven networks and clustering investigations.

The primary portion of the article that has been split into two groups is an overview of research findings employing NDBIV (Naturalistic Developmental Behavioural Intervention) -approaches in augmented and virtual reality. In [11] subsequent section, we go over how to integrate NDBI's common features into virtual reality (VR) technology. The results we have obtained show that while some VR-studies implement treatments which are considered to possess features with NDBI, none explicitly rely on NDBI-approaches.

We examined [12] the vocabulary reading, spelled words, and arithmetic operation results of autistic children with the results for typically performing children within the exact same age range employing a different sample t test. Reading, spelled words, and numerical operation results were assessed across the group with ASD using a coupled-samples t testing. We additionally looked at the influence of diagnosing classification on these results was influenced by verbal IQ (Verbal Intelligence).

With the goal to select remarkable functionally connectivity (FCs), [13] an innovative selection of features approach centred around the distinction among step distributing curves (SDSC) was employed, in addition to an MLP (multilayer perceptron) that had been previously trained by a concentrated variation automatic encoder (VAE) for classifying. In order to enhance the algorithm's efficiency, we further developed a process which consists of a normalisation step and an altered hyperbolic tangential (tanh) function for activation. With the importance of both precision and sensitivity in the classification of conditions, the model we used has been developed with a pair of limitations that may improve both the sensitivity and the specificity of the algorithm by a maximum of 9.33 percent and 10.21%, accordingly. The method we use could potentially be applied globally and is capable of handling a wide range of application circumstances owing to the additional constraints.

Employing several types of methods [14] of transfer learning utilised by deep CNNs, which are the research relies on face marker identification to recognise autistic young people. The most effective optimisation and hyper parameter values of the machine learning model CNN are identified experimentally with the goal to increase the accuracy of predictions. With numerous machine learning uses, including the use of logistic regression, a linear supported vector machine (linear SVC), a random forest, the decision tree, gradient boosting (GB), MLP (Multi-layer Perceptron) Classifier, and the K-nearest neighbours, the use of a transfer learning approach, including The second version of Mobile and hybrid VGG19, which is employed. A standard the Kaggle database experimental datasets of 2940 images of autistic and non-autistic kids is employed for evaluating the algorithms using deep learning. On the evaluation set, the second version of Mobile model had an accuracy rating of 92% of the total the outcomes of the study that was suggested show that transfer learning methods implemented in the second version of Mobile are preferable compared to those developed for current technologies. The newly released version of the model we developed might assist practitioners evaluate the accuracy of their first evaluations for autism spectrum disorders in paediatric patients.

With the objective to assist kids who suffer from Autism exercise IJA (Impairment in initiating joint attention) competencies; this article [15] proposes a fully immersive computer-mediated communication the carer Child Interface (C3I) platform. Someone who cares for someone becomes involved in the educational loops by means of an innovative computational interaction technique named C3I, sustaining the advantages of the human and pc-administered interaction. Seven caretaker-ASD kid pairs took part in an investigation into feasibility. On overall IJA efficiency, a substantially substantial boost with an acceptable magnitude of effect was observed. Yet neurobiology-based stress assessment demonstrated that during the clinical trial, C3I could not result in a rise in caretaker stress. Currently our researchers realise, this is the initial fully autonomous system developed to demonstrate IJA concepts to children with Autism which keeps carers in the interaction in order to improve the probability of adaption in situations that are real.

Researchers have developed [16], a smart device that is capable of communicating verbally with children while performing collaborative challenging puzzles alongside them as though it is an additional individual participant. In addition, throughout playing games, this smart agent is capable of independently evaluate kid's performance on tasks and oral-communication skills. To evaluate the viability and efficacy of the smart an agent, two pilot studies employing kids having Autism have been carried out. The smart agent's capability to communicate with children when engaged in games was proved by Research I's findings. The outcomes of Experiment II indicated that it could potentially employ to assess how effectively human beings coordinate and interact.

In the present investigation, researchers establish a completely novel social communication approach to Autism treatment built around an interactive virtual environment (CVE) [17]. The establishment of a distinctive, inexpensive treatment platform that promotes collaboration between peers and enables communication adaptability could result through the advancement of CVE technologies for Autism diagnosis. With the application of uncomplicated gestures with their hands to collaboratively move virtual things whose movements are recorded in real-time by recording devices, a pair of children can engage in a variety of games that are interactive in a virtual world using the Communication-Enhancement Application framework, Hands-in-Hand. All Interaction-Enhancement mode of operation, that allows individuals to communicate data as well as discussion strategy for the game through gaze and speech-based interaction, is an additional aspect of these video games which has been designed to encourage spontaneous conversation and cooperation among individuals. The findings of a feasibility investigation that involve thirteen peers with autism spectrum disorders and thirteen peers that typically grow up indicate that this approach was welcomed enthusiastically by each group of kids, enhanced their participating in games collaboration and proved potential to improve their abilities to communicate and work together.

Employing an integration of electroencephalogram, or EEG, and eye-tracking technology (ET) data, [18] this paper examines simultaneously through internal neurophysiological and external behavioral perspectives and recommends a novel comprehensive screening method for identifying Autism in young kids. Researchers specifically developed a two-phase heterogeneous feature extraction and merging

framework built on the stacking denoising technique automatic encoder (SDAE), an established deep neural network approach. Several SDAE algorithms are developed in the beginning in order to learn characteristics associated with the EEG and ET techniques, correspondingly. Following this, in the next phase, an additional SDAE simulation is developed for achieving multimodal integration employing integrated developed EEG and ET data.

In an effort to enhance the identification efficiency, we put together a multiple-modal identification model which automatically recognizes correlations and mutually beneficial relationships among behavioral therapy and neurophysiological techniques in an unconscious feature database and produces instructive graphical representations of features with increased discrimination and generalizations. To evaluate our recommended approach, we collected a combined sample of 52 normally growing (TD) kids and forty kids with Autism. Our proposed approach outscored two single-modal techniques and the simple feature-level integration method in experiments, which indicates that it has an opportunity to help healthcare professionals by providing an impartial and precise diagnosis.

In this paper [19] researchers evolved a machine-learning screening method based on behavioral to identify extremely dangerous High-Risk ASD (HR-ASD) in kids around the ages of 7 and twenty-four months. The Still-face paradigm framework (SFP) was used for stimulating a baby's spontaneous behavior in social situations by means of an interaction that occurs in person. A parent was needed to keep up a typical communication involving her baby for a period of two minutes (a starting point episode), before she could suddenly switch to an absence of response and hardly any-expression status with a duration of one minute (a continuous face-to-face episode). In this article numerous factors, such head motions, expressions on the face, and sound features, produced based on the baby's socially stressful reaction behaviors throughout the following event, were analyzed statistically among the HR-ASD and typical development (TD) categories. Based on all of these multi-cue features and the assistance of a support vector machine (SVM) classification algorithm, an automated classification algorithm for HR-ASD was developed. Additionally, the model's screening performance was adequate, achieving accuracy, specificity, and sensitivity over ninety percent on the instances that comprised the current study. The findings of the research suggest to its effectiveness in the early identification of HR-ASD.

For the purpose of trying to determine the neurological parts associated with autism spectrum disorders, we employed the spectral cluster methodology, a number of central metrics (betweenness (BC), cluster (CC), eigenvector (EC), and degrees (DC), in addition to network efficiency (NE). We found that BC increases in the somatomotor, apply-mode, cerebellar, and Autism regions, default-mode, and cerebellar clusters, on the other hand, see a decline in CC, EC, and DC. In addition, the cerebellum clustering of Autism in NE decreases.

The findings reflect the hypothesis that that there's a lack of relationship in autism spectrum disorders, but they also indicate the fact that the cerebellum region has an increasingly unique system structure. Decreased NE within the cerebellum cluster in Autism corresponds with a more predictable network structure. The results of this study could potentially have an enormous effect on our current comprehension of the research projects process and the development of the future diagnosis and treatment method.

Pervasive Technological advances may benefit kids who have autism and the individuals who take care of children. A cognitive impairment known as pervasive neurodevelopmental disorder (PDD), or autistic spectrum disorder (ASD), is defined by difficulties in communication, interaction with others, and creative thinking. A the most effective remedy for autistic children is the use of discrete trial training (DTT) treatment, whereby therapist team give strict, individual instruction in fundamental abilities. A working prototype called CareLog was created to help caretakers in keeping track and analyzing of specific, unanticipated circumstances that are relevant as part of an FBA. Delivering appropriate, personalized therapy for kids with disabilities could rely heavily on early detection of autism along with other behavioral disorders.

### **3. MACHINE-LEARNING APPROACHES FOR BEHAVIORAL REACTIONS ON AUTISM SPECTRUM DISORDER ASSESSMENT**

Autism in kids from all over around the globe. [21] Autism assessment methods that are rapid and intelligent are being built with machine learning (ML) models which have undergone evaluation in several researches. Yet there isn't sufficient evidence suggesting the machine learning (ML) models have been prepared for clinical application, regardless the excellent evaluation metrics they have achieved. In particular, none of these previous studies explained how the models based on machine learning were implemented in the real world. This could be caused by a number of difficulties with data-centric approaches current use and their intellectual incompatible with the conceptual framework that is employed to diagnose autism.

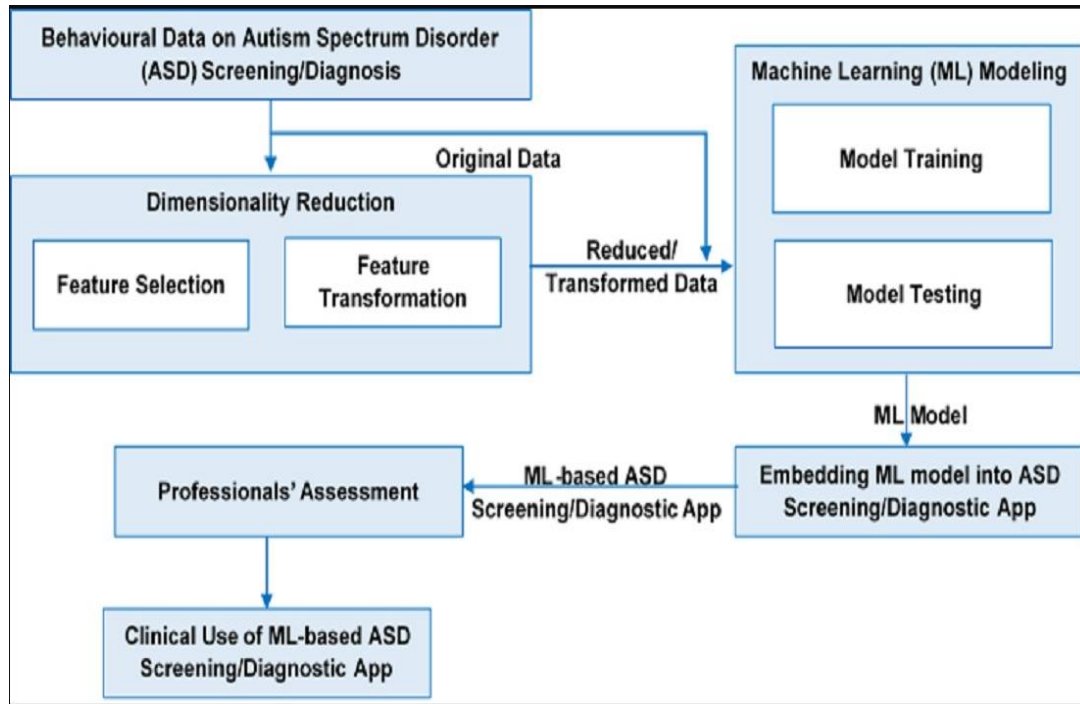


Figure 2. Machine-Learning Approaches for behavioral reactions Autism Spectrum Disorder Assessment

Figure 2 present investigation performed a systematic review of recent publications on the application of ML in the neurological evaluation of autism spectrum disorders, emphasized typical problems in the studies, and recommended crucial factors for the practical deployment using machine learning-based screening and diagnostic methods. The researchers, neuro psychiatrists, professionals in psychology, and other appropriate stakeholders may employ this work as a source of information for advancements in Autism diagnosis and screening using ML.

#### 4. DATASET INFORMATION

The experiments employed an Autism Spectrum Disorder Diagnosis dataset, an experimental assessment has been carried out. The dataset can be accessed with a website address Kaggle, <https://www.kaggle.com/competitions/abide/data>, NIHM Repository and Genomics Resource <https://www.nimhgenetics.org/download-tool/AU>, National Library of Medicine, <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5237363/UC> Irvine ML Repository, <https://archive.ics.uci.edu/datasets?skip=0&take=10&sort=desc&orderBy=NumHits&search=Autism+Screening+Adult>. Based on individual brain activity patterns, the goal of this research was to use algorithms based on deep learning to recognize people with autism spectrum disorder (ASD) employing neurological imaging datasets. The Autism Neural Image Data Exchange (ABIDE) is a worldwide multi-site repository containing brain scan information related to individuals with autism spectrum disorders. Autism is a central nervous system-based condition that may be recognized through repeated activities and difficulties with social situations. Considering the classification of data for autistic spectrum conditions multiple metrics such precision, incorrect rate, and computation time are employed to evaluate the way suggested and current approaches.

#### 5. CONCLUSION

The machine learning is discovering numerous applications in real-life situations, and being able to recognize behavioral disorders is one of several. The introduction of digital methods for screening over autism spectrum disorder will provide crucial neutrality to the field, eradicating continuing inconsistency as well as producing outcomes that are more precise, raising awareness among individuals that early detection is the most efficient course for action to achieve for long time experienced advancements. Although highlighting the enhancements that have been achieved in the appropriate domains, this study examines and evaluates the present methods and their drawbacks. All the different modules which are being addressed in the field of automation space were evaluated independently, and additional investigation needs to be done to evaluate all of these components concurrently on a single data set with the goal to develop an accurate, satisfactory, desired, time-dependent and cost-effective evaluation and detection system. Considering the

enormous potential for the use of machine learning, automated processes, and sophisticated statistical techniques and simulations, this could serve as a foundation for detecting autism spectrum condition and understanding its behavioral characteristics of further research.

Numerous learning algorithms have been used by researchers to identify autism disorders sooner. Future research is to use a technique called Weight Decay Information Radius Silhouette Affinity Propagation Clustering (WISAC) Method to find the early detection of autism spectrum disorder. The primary goal of the WISAC Method is to efficiently and accurately identify autism spectrum disorders at an earlier stage with minimum time period.

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